

Adult Learning 



HEALTHY YOUNG DAVENTRY



*In partnership with
Adult Learning Service and Monksmoor Park CE Primary School*

Healthy Eating on a Budget

Free 4 weeks course
Starting 2nd October 1-3pm
at Monksmoor Park CE Primary School



You will be able to:

- Learn new skills and recipes.
- Learn how to support your children with maths and English through cooking.
- Learn about good mealtime habits
- Learn about how to budget food shopping
- Learn meals for under a fiver.
- Learn about meal planning.
- Plus much more!

Book your place by Wednesday 11th September

Contact Mrs Deboo in the office to make a booking or for more information

Tel 01327 493112